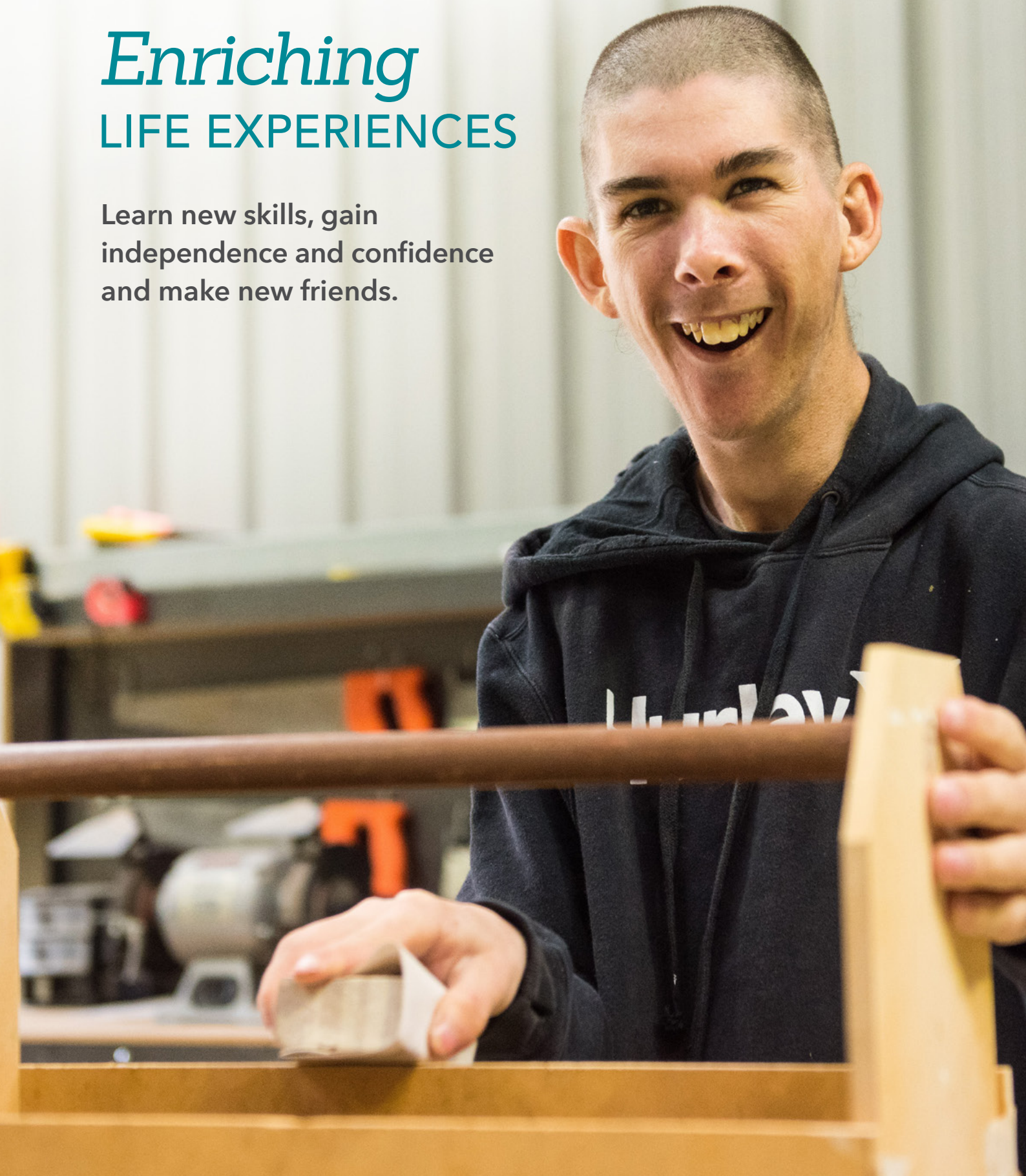


Enriching
LIFE EXPERIENCES

Learn new skills, gain independence and confidence and make new friends.



OAK Community creates opportunities for enriching life experiences

We encourage participants to try new experiences, to stretch themselves and develop to their full potential.

Programs range from practical skill development and personal growth, to recreation and artistic expression. Participants gain confidence and independence, improve wellbeing, make new friends and have a lot of fun.

Activities are tailored to appeal to different age groups, interests and abilities. There are five streams of programs:

- Learning and Life Skill Development
- Sport and Recreation
- Health and Wellbeing
- Arts and Culture
- Transition to Retirement

You can participate in group activities or have individual support.

In addition, each season we run pop-up programs which may include attendance at special events or a taster to try something new. Participants can also get involved in projects.

If you have any suggestions of activities you would like us organise, please let us know. We welcome feedback and are always open to new ideas.

Specialist staff

OAK Community programs are developed and delivered by qualified experienced staff, so you can be confident you or your family member is in a safe and supportive environment. Our staff are recruited from a wide range of specialist backgrounds to ensure they have the required subject matter expertise.

NDIS

We offer you choice and control of the services you want, when you want them.

With extensive NDIS experience, OAK Community can provide advice and help you make the most from your NDIS package.

About OAK Community

OAK Community is part of OAK Possability, a leading Tasmanian disability services organisation. We have been a trusted provider of support services, training and employment for more than 60 years.

We are here to serve you. We take the time to listen to your needs and aspirations, and tailor individual programs to meet your goals.



PROGRAMS

LEARNING AND LIFE SKILL DEVELOPMENT

Programs are designed to connect you with your community and enhance independence. Our educational programs develop foundational skills to prepare participants for further studies.



SPORT AND RECREATION

Our indoor and outdoor activities will help keep you active all year round. Best of all, they are lots of fun! Some activities vary according to the time of the year and weather conditions.



HEALTH AND WELLBEING

Health and wellbeing is the foundation of a good life. OAK provides education and experiences that make a healthy life achievable and enjoyable.



ARTS AND CULTURE

OAK's creative tutors bring out the artist in everyone. Programs cater for a range of interests from creating arts and crafts, to music or drama performance and visiting museums and galleries.



TRANSITION TO RETIREMENT

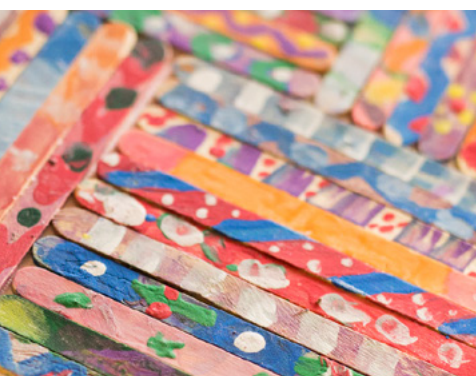
Create a plan for your next stage of life, develop your hobbies and make new friends.



Programs change each year according to the level of interest of participants, what's available in the community and weather. Contact us for details on the latest programs.

OAK COMMUNITY SHED

The OAK Community Shed offers year round programs and projects involving wood, metal and leather work. As a member of the Men's Shed Association, the Shed also provides valuable opportunities to socialise and make new friends in a supportive environment.



Where are these programs available?

Programs are generally community-based in and around the Hobart area. Some programs are held at our Derwent Park site including the OAK Community Shed.

What are the program hours?

Most activities are held during business hours, Monday to Friday, with some programs being delivered on weekends. Days and hours are flexible and can be negotiated to meet individual needs.

How do I access OAK Community?

Services can be accessed using funding from NDIS support plans or a state government package. You can also choose to self-fund your program.

If you are eligible for the NDIS but don't yet have a Participant Plan, contact the National Disability Insurance Agency on 1800 800 110 or visit ndis.org.au for more information.

**WANT TO
FIND OUT
MORE?**

Call us for a chat on 03 6208 0600
Freecall: 1300 067 842
or email info@oak.org.au

OAK Community

Hobart – Derwent Park Office
6B Lampton Avenue Derwent Park TAS 7009

oak.org.au  @OAKTasmania

OAK Tasmania is registered as a charity with the Australian Charities and Not-for-profits Commission ABN 44 055 920 306.

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